



## ABH October Committee Meetings

Friday, October 1  
**Children's Services  
CEO**, 10 a.m.

Monday, October 4  
**Billing**, 10 a.m.

Tuesday, October 5  
**ATS/CSS**, 10 a.m.

Thursday, October 7  
**SOAP**, 10 a.m.

Friday, October 8  
**Corporate  
Compliance**, 10 a.m.

Tuesday, October 12  
**ACCS**, 2:30 p.m.

Thursday, October 14  
**Outpatient**, 10 a.m.

Tuesday, October 19  
**OTP**, 9:30 a.m.

Thursday, October 21  
**BH CP Exec.**, 10 a.m.  
**COE/RRS**, 1:00 p.m.

Tuesday, October 26  
**DEI&J**, 12:00 p.m.

Wednesday, October 27  
**MAP Subcommittee**,  
12:00 p.m.



SEPTEMBER



# NATIONAL RECOVERY MONTH 2021

**RECOVERY IS FOR EVERYONE:**  
Every Person, Every Family, Every Community

WWW.NATIONALRECOVERYMONTH.ORG



Mental health and substance use disorders affect all communities nationwide. With commitment and support, those impacted can embark on a journey of improved health and overall wellness. The focus of National Recovery Month (Recovery Month) this September is to celebrate all people that make the journey of recovery possible by embracing the 2021 theme, "Recovery is For Everyone: Every Person, Every Family, Every Community." Recovery Month spreads the message that people can and do recover every day.

The 2021 National Recovery Month theme reminds people in recovery and those who support them, that recovery belongs to all of us. We are all called to end gate-keeping and welcome everyone to recovery by lowering barriers to recovery support, creating inclusive spaces and programs, and broadening our understanding of what recovery means for people with different experiences.

## Follow Recovery Month on Social Media:

**Facebook:** [@nationalrecoverymonthfv](https://www.facebook.com/nationalrecoverymonthfv)

**Instagram:** [@recoverymonth\\_fv](https://www.instagram.com/recoverymonth_fv)

**Twitter:** [@recoverymonthfv](https://twitter.com/recoverymonthfv)

For more information please contact the Recovery Month team at [support@nationalrecoverymonth.org](mailto:support@nationalrecoverymonth.org)

# Help Us Spotlight National Recovery Month!

During the month of September, ABH intends to send out National Recovery Month specific Resource Roundup communications, highlighting recovery-oriented events, trainings, and workshops hosted by ABH member organizations. As a reminder, ABH's Resource Roundups are periodic communications containing information and resources that we feel might be helpful to our members.

We'd like your help to make this as successful as possible!

If your organization is hosting an event for National Recovery Month, please let contact Meg Socha at [msocha@abhmass.org](mailto:msocha@abhmass.org).

## Recovery Month Resources

For information about recovery month, you can visit the Recovery Month website at <https://rm.facesandvoicesofrecovery.org/>. There you will find links to a Recovery Month Toolkit in English and Spanish, as well as templates that you can use.

The goal of the toolkit is to educate people that those in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities. The toolkit assists in planning Recovery Month events and provides tools and educational materials to distribute in communities and during local events.



The toolkit contains several sections, including a special section showcasing real-life examples of people in recovery:

- **Media Outreach** – Provides instructions to plan and promote Recovery Month activities and events, as well as templates to customize and send to local and online media outlets.
- **Targeted Outreach** – Offers audience-specific information about the benefits of recovery, effectiveness of treatment, and tips to overcome challenges during the recovery process.
- **Resources** – Provides resources to help plan and prepare for Recovery Month events, as well as tips to cultivate partnerships with other organizations.
- **Join the Voices for Recovery** – Presents a snapshot of individuals who are on the road to recovery after struggling with mental and/or substance use disorders.

The Recovery Month website also has a calendar of events happening during the month of September. The calendar can be viewed [here](#).

You can also add your organization's Recovery Month events to the calendar by clicking [here](#).

# ABH COVID-19 Landing Page

ABH has created a COVID-19 resource page where we are collecting the guidance most relevant to ABH members:

<https://www.abhmass.org/newsroom/announcements/guidance-on-covid-19.html>

## A Proclamation on National Recovery Month, 2021 President Joseph Biden ~ August 31, 2021

The COVID-19 pandemic has taken an enormous toll on the lives of the American people, especially those struggling with substance use disorder. While many have continued on their path towards recovery, even while facing the additional physical, emotional, and economic hardships brought about by the pandemic, others have struggled. During National Recovery Month, we celebrate the millions of Americans who have achieved recovery and reaffirm our commitment to helping more Americans overcome substance use disorder and reach recovery. We also support those who are still struggling to achieve recovery and dedicate ourselves to overcoming these challenges together.

This year's theme, "Recovery is For Everyone: Every Person, Every Family, Every Community," emphasizes that recovery is possible for all Americans. My Administration honors the many pathways to recovery and will support individuals and their families at every step along their journey, in whatever form it takes. Everyone can support and encourage those working toward recovery.

The work ahead includes making treatment and recovery support services accessible to all Americans. My American Rescue Plan delivered nearly \$4 billion to strengthen and expand mental health and substance use disorder services. My Administration will also continue to work to expand employment opportunities for people in recovery and foster the development of recovery-ready workplace policies and cultures. Helping those in recovery to attain economic opportunity and mobility will not only improve their well-being but also benefit our Nation as a whole. These investments will lay the foundation upon which more Americans — of all backgrounds and in every community — can build and maintain long-term recovery.

While opportunities for recovery should be available for everyone, those with substance use disorders in racially-diverse, Tribal, rural, and other underserved communities often lack access to the support services that they need to receive treatment and sustain their recovery. Research also shows that a treatment gap lingers between people of color and their white neighbors. People of color not only have less access to support services for addiction but are also subject to harsher penalties when addiction leads to interaction with the criminal justice system. To address this, my Administration launched a Government-wide approach to advancing equity, including in our public health and criminal justice approaches to drug policy.

When we make the appropriate support and service systems available to everyone and embrace those seeking to rejoin and contribute to our communities, we put sustained recovery within reach of more people. When we welcome Americans in recovery into our schools, homes, and workplaces with open arms, our Nation becomes stronger, healthier, and more inclusive.

During National Recovery Month, we also honor and thank those who have helped our Nation heal and build back better. In the face of unprecedented challenges this past year, our Nation's health care providers have delivered essential care and hope to individuals, families, and communities in need. On the frontlines of the addiction epidemic, they have ensured our Nation's system of care remains intact, facilitating treatment and recovery. As always, we celebrate the resilience and courage of the recovery community, which serves as a reminder that recovery is possible for everyone.

NOW, THEREFORE, I, JOSEPH R. BIDEN JR., President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim September 2021 as National Recovery Month. I call upon all citizens, government agencies, private businesses, nonprofit organizations, and other groups to take action to promote recovery and improve the health of our Nation.

IN WITNESS WHEREOF, I have hereunto set my hand this thirty-first day of August, in the year of our Lord two thousand twenty-one, and of the Independence of the United States of America the two hundred and forty-sixth.

JOSEPH R. BIDEN JR.

## ABH STAFF

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# We Mourn the Passing of Scott M. Bock

Dear ABH Members:

Many of you have already learned the sad news of the passing of ABH Board member Scott Bock, founder and former CEO of Riverside Community Care. In addition to the energy he brought to growing Riverside to the significant presence it is in community behavioral healthcare, Scott had been a leading voice within ABH and

within ABH's predecessor organization before that. While many on the ABH Board knew him longer than I did, I have known Scott since I first came to community behavioral health in 2000. I always appreciated Scott's wit, his ability to listen and learn from the opinions of others, including those with whom he disagreed, and his capacity to lead to consensus. He was committed to community behavioral health as a force for good in individual lives and in communities. My colleagues on the ABH Board and I extend our deepest sympathies to his family, his friends and his co-workers. He will be deeply missed.

Please see [here](#) for a tribute to Scott.

Sincerely,

Lydia Conley  
President and CEO  
Association for Behavioral Healthcare, Inc.



## Interesting Reads

- [A Shot of Hope: A podcast that's all about addiction, recovery, and grace.](#)
- [September is Suicide Prevention Month and National Recovery Month.](#) *Boston.gov.*
- [From Uber Rides to Patient Advocates: What It Takes to Increase ER Addiction Treatment.](#) *Kaiser Health News.*
- [Dorchester Goes Purple to stop overdoses.](#) *Dorchester Star.*
- [It's never been more urgent to give safe injection sites a try.](#) *Boston Globe Editorial Board.*
- [School-Based Strategies for Addressing the Mental Health and Well-Being of Youth in the Wake of COVID-19.](#) *The National Academies of Science, Engineering and Medicine.*
- [Settlement with drug companies over opioid crisis could bring big bucks to Mass.](#) *The Patriot Ledger.*
- [How a Hospital and a School District Teamed Up to Help Kids in Emotional Crisis.](#) *Kaiser Health News.*